

Awareness Programme on HIV/AIDS

On 04/12/2025

On the third day of the ongoing NSS Special Camp at Government Degree College Dehar, the Red Ribbon Club organised a focused HIV/AIDS awareness session under the guidance of Principal Dr. J.P. Singh. The programme consisted of awareness talks delivered by Ms. Munish Prabha, ICTC Counsellor, Civil Hospital Sundernagar, Mr. Shashi Pal, Outreach Worker, and Ms. Tulsi Devi, Outreach Worker, both from MAMTA HIMC-NGO under Project Jagriti. The resource persons comprehensively covered modes of HIV transmission, the critical importance of voluntary testing and early treatment, availability of free counselling and testing services at ICTC centres, , benefits of regular Anti-Retroviral Therapy, and the urgent need to eliminate stigma and discrimination. They emphasised key prevention strategies such as, adoption of safe injection practices, avoidance of unprotected sexual contact, regular HIV screening especially before marriage or pregnancy, adherence to preventive medication like PrEP and PEP when required, and prevention of mother-to-child transmission through proper medical care.

The interactive session successfully dispelled several myths and misconceptions prevalent among students. More than 40 NSS volunteers and students participated enthusiastically. Dr. Sunil Kumar lauded the resource persons for their valuable insights and reiterated the institution's commitment to health education. The programme concluded with all participants taking a collective oath to spread accurate information and combat stigma related to HIV/AIDS.



